
SENT OPPORTUNITIES

THE FOLLOWING PAGES CONTAIN OUR
CURRENT SENDING OPPORTUNITIES SORTED
BY TYPE AS WELL AS DATE.

WANT TO BE SENT?

GETTING YOUR EVENT LISTED

If you have a one time event or recurring event and would like it listed as a sending opportunity please send the following information to Koleen.Barnes@cmstl.org

- Date(s)
- Description of event
- Description and expectations of each volunteer role
- Point of contact
- Sponsoring organization (church based or mission partner based)

GETTING YOUR EVENT STARTED

If you have an idea for a way to be sent, we are happy to help you get it off of the ground! You can reach out to our Sent Coordinator, Koleen Barnes, to discuss further. Please have the following information ready for that discussion:

- Brief summary of project
- One time or ongoing
- Intention of the project--the "why"
- Beneficiary of the project (who will be served)
- Description and expectations of each volunteer role

DECIDING HOW TO BE SENT

When you think about your perfect scenario to be sent, what do you see?

- What is God calling you to do?
- How is that calling benefiting others?
- What are you uniquely qualified to do?
- How have you already been sent?
- What was your favorite way you have been sent?
- What would you like to do differently in sending moving forward?
- What is your biggest obstacle in being sent?
- What do you need in order to be successfully sent?

SENT OPPORTUNITIES

ONGOING OPPORTUNITIES

CRAFTS PG 6

- BIBLE HIGHLIGHTING
- GREETING CARD WRITING
- TIE BLANKETS

DRIVERS PG 7

- AFRICAN YOUTH MINISTRY
- COOKING UP COMMUNITY
- DONATION DELIVERIES
- INTERNATIONAL STUDENT MINISTRIES INC

FOOD PG 8-9

- AFRICAN YOUTH MINISTRY
- CHILD CARE CENTER
- DESSERTS
- DINNER AND DISCIPLESHIP
- COOKIE WALK
- COOKING UP COMMUNITY
- HAVENHOUSE BREAKFAST AND DINNER
- INTERNATIONAL STUDENT MINISTRIES STL
- MEN'S CLUB BBQ
- RELIANT COLLEGE MINISTRY

GREEN SPACE PG 10

- CEMETERY CLEAN UP
- H&M RETREATS
- LUTHERAN DEVELOPMENT GROUP NEIGHBORHOOD CLEAN UP
- RELIANT GARDEN

SENT OPPORTUNITIES

ONGOING OPPORTUNITIES

ITEM COLLECTION PG 11-12

- HAVEN HOUSE SNACK DRIVE
- JEFFERSON BARRACKS FOOD
PANTRY
- ST. TRINITY HYGIENE KITS

SPORTS PG 13

- AFRICAN YOUTH MINISTRY
- ST. TRINITY IN THE PATCH

TUTORING PG 14

- BETHLEHEM LUTHERAN
 - CHILD CARE CENTER
 - CHRISTIAN FRIENDS OF NEW
AMERICANS
 - INTERNATIONAL STUDENT
MINISTRIES INC
 - ST. TRINITY IN THE PATCH
-

SENT OPPORTUNITIES

EVENTS BY DATE STARTING PG 14

MARCH

- **COLLECTION:** HAVENHOUSE
SNACK DRIVE

APRIL

- **3** HAVENHOUSE HOPEFEST
- **12** MEN'S CLUB BBQ AND BAKE
SALE
- **12** SHINE! VOLUNTEER DAY

MAY

- **14-21** ISM IN BEPTH BIBLE
SEMINAR
- **17** MEN'S CLUB BBQ AND BAKE
SALE

JUNE

- **21** MEN'S CLUB BBQ AND BAKE
SALE

JULY

- **19** MEN'S CLUB BBQ AND BAKE
SALE

AUGUST

- **16** MEN'S CLUB BBQ AND BAKE
SALE

SEPTEMBER

- **10-11:** RUMMAGE SALE
- **20** MEN'S CLUB BBQ AND BAKE
SALE

OCTOBER

- **18** MEN'S CLUB BBQ AND BAKE
SALE

NOVEMBER

- **COLLECTION:** HARVEST
- **21** GIVING TREE
- **28** CHRISTMAS TREE LOT
- **30** ADVENT BY CANDLELIGHT

DECEMBER

- **COLLECTION:** GIVING TREE AND
GIFT CARD DRIVE
- **13** COOKIE WALK

CRAFTS

BIBLE HIGHLIGHTING

We are always accepting gently used bible donations for highlighting. Any favorite or meaningful verses can be highlighted and a personal message written on the inside cover. These are passed out to those in our community in need of a bible or new Christians who don't know where to start. Bibles can be dropped and picked up in the marked boxes in the donation closet at Christ Memorial.

**Contact: KOLEEN BARNES at
KOLEEN.BARNES@CMSTL.ORG**

GREETING CARD WRITING

Our Shepherds ministry sends out cards to those who are homebound, for anniversaries and birthdays, baptisms, and just 'thinking of you' cards throughout the year. You can make your own greeting cards(great for kids!) or add a personal message to a blank card. Cards can be dropped off at the Christ Memorial Office during business hours.

**Contact: Carolyn Miner at
CLM43@ATT.NET**

TIE BLANKETS

We have several partner organizations that accept blanket donations throughout the year. You can complete your blanket and donate to the charity of your choice or bring to Christ Memorial to KOLEEN BARNES for donation to one of our mission partners. Instructions for how to make these blankets are located on the last page of this document.

**Contact: KOLEEN BARNES at
KOLEEN.BARNES@CMSTL.ORG**

DRIVERS

AFRICAN YOUTH MINISTRY

Every Sunday night from Memorial Day to Labor day our African Youth Ministry hosts bible study and dinner for between 30-55 kids. They are looking for volunteers to pick up and drop off kids before and after the program.

**Contact Scott Roberts at
b_scott_roberts@yahoo.com**

COOKING UP COMMUNITY

Drivers will be needed to deliver the soup made at this group to various recipient organizations. **Contact Ashlyn Cunningham at ashwashu@gmail.com**

DONATION DELIVERIES

Various needs for donation deliveries arise throughout the year. If you are open to picking up and delivering items as needed this is for you!

**Contact: Koleen Barnes at
Koleen.Barnes@cmstl.org**

INTERNATIONAL STUDENT MINISTRIES

ISM INC is hosting an in depth bible seminar for international students from all over the nation. They are seeking drivers to transport to and from the airport and engage in meaningful conversations along the way.

**Contact: Sue Hasslebring at
sue@isminc.org**

FOOD

AFRICAN YOUTH MINISTRY

Every Sunday night from Memorial Day to Labor day our African Youth Ministry feeds between 30-55 kids. They are looking for volunteers to purchase, deliver, and serve pizzas throughout the school year as well as bring fruit and dessert. All expenses can be reimbursed as needed.

**Contact Scott Roberts at
b_scott_roberts@yahoo.com**

CHILD CARE CENTER

Christ Memorial Child Care Center is always looking for volunteers to help cook for lunch shifts during the week.

**Contact Ana Irby at
Ana.Irby@cmstl.org**

COOKIE WALK

Women's Guild hosts a cookie walk the second week of December annually.

**Contact Sandy Rundell at
srundell@charter.net**

COOKING UP COMMUNITY

Congregation members partner with Maryville University's Occupational Therapy Program to work collaboratively and make 50 quarts of chicken noodle soup!

Soup is then shared with Jefferson Avenue Mission, Humanitri, Ascension Lutheran Church Homebound Ministry, and Christ Memorial's Shut-In Ministry.

**Contact Ashlyn Cunningham at
ashwashu@gmail.com**

DESSERTS

A good will bake sale is offered at every Men's Club BBQ.

**Contact Pat Delunas at
lesdelunas@gmail.com**

DINNER AND DISCIPLESHIP

Dinner and Discipleship runs in 6-week series throughout the year. Preparation and serving of meals is always accepted.

**Contact MacKenzie Bick at
Mackenzie.Bick@cmstl.org**

FOOD

HAVEN HOUSE BREAKFAST AND DINNER

HavenHouse provides two meals a day to their residents free of charge. They are always looking for volunteers to shop for food, prepare and serve the meal for both breakfast and dinner.

**Contact Brooke Noecker at
brooke@havnehousestl.org**

INTERNATIONAL STUDENT MINISTRIES STL

ISM STL hosts a dinner for international students at Maryville University every Thursday.

**Contact: Sharon Riordan at
ismstlouis@gmail.com**

MEN'S CLUB BBQ

Men's Club hosts a monthly BBQ during the summer. Opportunities for volunteers include groups as well as individuals.

Dates for 2025:

April 12

May 17

June 21

July 19

August 16

September 20

October 18

**Contact: Larry Ochonicky at
lcochystl@gmail.com**

RELIANT COLLEGE MINISTRY

Our college and post graduate ministry group at our Reliant campus meets on Sunday afternoons after service. We strive to provide them with a home cooked meal each week.

**Contact: Emily Sipp at
Emily.Sipp@cmstl.org**

GREEN SPACE

CEMETERY CLEAN UP

Our congregation has provided help to several cemeteries in recent years. They host several clean up days throughout the year.

Contact:

**Dave Zabel at dzabel45@gmail.com or
Dave Groerich at
dave.groerich@gmail.com**

H & M RETREATS

H & M Retreats near Herman, MO hosts several work weekends throughout the year to update their meditation trail.

**Contact: Paul McGhghy at
4mcghghy@gmail.com**

LUTHERAN DEVELOPMENT GROUP NEIGHBORHOOD CLEAN UP

Lutheran Development Group focuses on the Dutchtown neighborhood in south city St. Louis. They are able to host groups any time--they just need a few days notice to get a dumpster. Chris will let you know the location that needs your help on your selected day and you can help enrich your community!

**Contact: Chris Shearman at
Chris@ldgstl.org**

RELIANT GARDEN

Reliant hosts two work days throughout the summer and needs occasional weed pulling.

**Contact: Matt Barnes at
msbytd@gmail.com**

ITEM COLLECTIONS

HAVEN HOUSE SNACK DRIVE

HavenHouse provides a generous snack closet for their residents to load up on before heading to the hospital each day to spend time with their loved one. We are collecting snacks for this pantry from March 10-31

**Contact Natalie McLaury at
natalie.mclaury@gmail.com**

ITEMS NEEDED

Gatorade
Juice
Soda
Water
Capri Suns
Koolaid Jammers
Chips
Poptarts
Granola Bars
Chex Mix
Fruit Gushers
Candy Bars
Pringles
Cookies
K-cups
Sugar packets
Dry coffee creamer

JEFFERSON BARRACKS FOOD PANTRY

We are collecting dry goods and personal hygiene products for the Jefferson Barracks Food Pantry until March 8.

**Contact Marilyn Ferkel at
mferkel@swbell.net**

ITEMS NEEDED

Canned goods
Pasta and Pasta Sauce
Ramen noodles
Rice
Boxed complete meals
Instant mashed potatoes
Mac and cheese
Granola
Breakfast bars
Crackers
Fruit snacks
Water
Powdered milk
Shampoo and Conditioner
Body wash and soaps
Deodorant
Toothpaste and brushes
Toilet paper and paper towels
Baby wipes and diapers

ITEM COLLECTIONS

ST. TRINITY SOULARD HYGIENE KITS

We collect hygiene items for St. Trinity
Soulard year round.

**Contact: Robbin Oehler at
librarian63123@yahoo.com**

ITEMS NEEDED

Kleenex (pocket pack size)
Wash Cloths
Lip Balm
Antibacterial Wipes (Travel Size Package)
Hand/Body Lotion (Travel Size)
Toothbrushes with covers
Raisins (1 oz boxes)
Peanut butter or cheese cracker packs
Protein bars
Sunscreen SPF 30+ in 4oz or smaller
Petroleum Jelly 3oz tube or jar
Men's socks
Plastic disposable rain ponchos
Snack, sandwich, and quart size zip locks

SPORTS

AFRICAN YOUTH MINISTRY

Every Sunday night from Memorial Day to Labor day our African Youth Ministry hosts bible study and dinner for between 30-55 kids. After dinner they have recreation time including basketball!

**Contact Scott Roberts at
b_scott_roberts@yahoo.com**

ST. TRINITY IN THE PATCH

St. Trinity hosts a meal, devotion, and open basketball time on Friday nights!

**Contact: Pastor Dave Lewis at
dave@sttrinity.org**

TUTORING

BETHLEHEM LUTHERAN CHURCH

More details about available opportunities at Bethlehem Lutheran Church will be added as available.

CHILD CARE CENTER

Christ Memorial Child Care Center is always looking for volunteers to read to children during the week.

**Contact Ana Irby at
Ana.Irby@cmstl.org**

CHRISTIAN FRIENDS OF NEW AMERICANS

CFNA has after school tutoring on Monday and Wednesday each week as well as English as Second Language classes on Monday and Thursdays.
Contact: Amy Zeigler at azeigler@cfna-stl.org

INTERNATIONAL STUDENT MINISTRIES

ISM has several international contacts who would love to practice their conversational English.

**Contact: Sue Hasslebring at
sue@isminc.org**

ST. TRINITY IN THE PATCH

St. Trinity has their Homework Helpers program every Tuesday and Thursday after school.

**Contact: Pastor Dave Lewis at
dave@sttrinity.org**

EVENTS BY MONTH

MARCH

- **COLLECTION:** HAVENHOUSE SNACK DRIVE--See Item Collection section for details

APRIL

- **3** HavenHouse Hopefest - HavenHouse has their annual gala on April 3, 2025. They need volunteers starting on April 1 -3 for various tasks such as transporting auction items, working the wine table, and setting up decor. Contact Director of Development Brooke Noecker at 314-434-5858 for more details
- **12** MEN'S CLUB BBQ AND BAKE SALE--Men's Club hosts a monthly BBQ during the summer. Opportunities for volunteers include groups as well as individuals. Contact: Larry Ochonicky at lcochystl@gmail.com
- **12** SHINE! volunteer day with Lutheran Development Group--Join Lutheran Development Group and your South City Circuit for a street clean-up in Dutchtown and the adjoining neighborhoods of Bevo, Patch, and Cranodelet. Meet at 8:30am at Marquette Park, the corner of Virginia and Gasconade St.

EVENTS BY MONTH

MAY

- **2-3** H&M Retreats--H & M Retreats near Herman, MO hosts several work weekends throughout the year to update their meditation trail. Contact: Paul McGhghy at 4mcghghy@gmail.com
- **14-21** ISM in depth bible seminar--up to 20 international students will be in attendance to this event. They will focus on growing their faith as they study God's word in depth. Several volunteer opportunities are available from driving to being a prayer partner. Contact: Sue Hasselbring sue@isminc.org
- **17** MEN'S CLUB BBQ AND BAKE SALE--Men's Club hosts a monthly BBQ during the summer. Opportunities for volunteers include groups as well as individuals. Contact: Larry Ochonicky at lcochystl@gmail.com

JUNE

- **21** MEN'S CLUB BBQ AND BAKE SALE--Men's Club hosts a monthly BBQ during the summer. Opportunities for volunteers include groups as well as individuals. Contact: Larry Ochonicky at lcochystl@gmail.com

JULY

- **19** MEN'S CLUB BBQ AND BAKE SALE--Men's Club hosts a monthly BBQ during the summer. Opportunities for volunteers include groups as well as individuals. Contact: Larry Ochonicky at lcochystl@gmail.com

HOW TO MAKE A FLEECE TIE BLANKET

REFERENCED FROM: CUTESYCRAFTS.COM

TO MAKE A FLEECE TIE BLANKET, YOU'LL NEED:

- 2 coordinating pieces of fleece (baby: 1 yard of each color, kid: 1.5 yards of each color, adult: 2 yards of each color)
- ruler
- sharp scissors
- optional: yardstick and/or masking tape

HOW TO MAKE A TIE BLANKET FROM FLEECE:

Cut the selvage edges off the fleece and make both pieces the same size. Make sure the length and width of the fleece is cut in whole inches.

Lay fleece out with wrong-sides-together (pretty sides on the outside). Cut a 5 x 5 inch square out of each corner.

Cut five inch slits, every one inch, to make a 1 x 5 inch fringe around the entire edge of the fleece blanket. I like to use a yardstick to mark out my cuts and keep them straight. You can also mark out a straight line with masking tape.

Take the two layers of fringe and tie them together in a knot. First, I wrap the fringe around my finger.

Pull the end up and over the top of the fringe and push it through the loop.

Pull the end through.

Push up on the knot and tighten it, sort of like you would tie a necktie. Repeat around the whole blanket.

YOU CAN DONATE THE BLANKET TO THE CHARITY OF YOUR CHOICE OR BRING IT TO CHURCH AND DROP IT WITH KOLEEN BARNES FOR DONATION